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Invisalign Follow-up Instructions

Congratulations on the successful completion of the active phase of your orthodontic treatment! With removal of your appliances, we are ready to begin the equally important “retention” phase, so that your teeth do not revert back to their previous state of misalignment.

Because tissues and teeth are not completely settled in their new positions, you will be wearing your custom retainers. The purpose of the retainer is to hold the teeth in the corrected positions until they are stable. The average retention period varies for each patient. In some cases, extended night-time wear of the retainers is necessary to keep the teeth in their ideal positions.

Your initial fee included retainer appliances and adjustments as necessary for a one year period. We want to protect your investment and see that the teeth are not shifting from their new positions. If you should lose or break an appliance, please let us know IMMEDIATELY to prevent any shifting of the teeth. If the teeth shift due to you not reporting to our office because of a lost or broken retainer, you will be responsible for the treatment charges that will become necessary to straighten your teeth again.

We are excited to help you continue your successful orthodontic treatment. If you should ever have any questions, please feel free to call us at 408-377-5134.